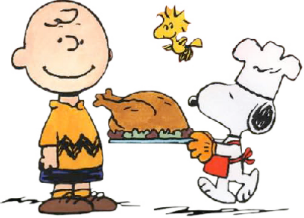



ELEMENTARY NOVEMBER 2018 Lunch Menu.....Ketchikan Gateway School District is


an EQUAL OPPORTUNITY PROVIDER

ALL MEALS ARE SERVED WITH 1% OR NON-FAT MILK AND DRINKING WATER

MENU IS SUBJECT TO CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>FRESH FRUIT AND VEGETABLES SERVED EVERY DAY!</p>	<p>1</p> <p>TACO PIE SALAD BAR: Carrots, Celery & Broccoli Fresh Fruit</p>	<p>2</p> <p>CHICKEN & CHEESE PITA POCKET SALAD BAR W/Carrots, Baby Corn & Green Beans Fresh Fruit</p>
<p>5</p> <p>BBQ PORK SANDWICH SALAD BAR: Cucumber, Carrots & Red Pepper Nature Valley Bar Fresh Fruit</p>	<p>6</p> <p>CHICKEN NUGGETS WHEAT ROLL SALAD BAR: Celery, Broccoli, Carrots, Kidney Beans Fresh Fruit</p>	<p>7</p> <p>HALIBUT SANDWICH SALAD BAR: Carrots, Celery, Peas Tropical Trail Mix Fresh Fruit</p>	<p>8</p> <p>CHILL BEANS CORN BREAD SALAD BAR: Carrots, Celery & Grape Tomato Fresh Fruit</p>	<p>9</p> <p>CHEESE PIZZA SALAD BAR: Baby Corn, Cauliflower, Carrots, Fresh Fruit</p>
<p>12</p> <p>NO SCHOOL</p>	<p>13</p> <p>FISH STICKS WHEAT ROLL SALAD BAR: Carrots, Celery, Cauliflower Garbanzo Beans Fresh Fruit</p>	<p>14</p> <p>LASAGNA FRENCH BREAD SALAD BAR: Zucchini, Carrots, Grape Tomato Fruit Snack Fresh Fruit</p>	<p>15</p> <p>CHICKEN NUGGETS WHEAT ROLL SALAD BAR: Peas, Celery, Carrot Fresh Fruit</p>	<p>16</p> <p>HAMBURGER LETTUCE & TOMATO SALAD BAR: Carrots, Baby Corn, Broccoli Cinnamon Crunch Bar Fresh Fruit</p>
<p>19</p> <p>POPCORN CHICKEN FRENCH BREAD SALAD BAR: Cucumber, Celery & Carrots Kidney Beans Fresh Fruit</p>	<p>20</p> <p>BBQ BEEF RIB SANDWICH SALAD BAR: Carrot, Red Pepper, Broccoli Lettuce & Tomato Fresh Fruit</p>	<p>21</p> <p>TURKEY AND DRESSING SUPREME SALAD BAR: Carrot, Black Beans, Celery Cucumber, Fresh Fruit CUPPED STRAWBERRIES</p>		<p>23</p> <p>NO SCHOOL THURSDAY & FRIDAY</p>
<p>26</p> <p>LEMON CHICKEN FRIED RICE SALAD BAR: Radish, Broccoli, Carrot Fresh Fruit</p>	<p>27</p> <p>BBQ PORK SANDWICH SALAD BAR: Black Beans Baby Corn, Carrot & Celery Fresh Fruit</p>	<p>28</p> <p>CHEESE PIZZA SALAD BAR: Celery, Snap Peas, Carrots Fresh Fruit</p>	<p>29</p> <p>TANGERINE CHICKEN W/ RICE SALAD BAR: Carrots, Zucchini, Celery Fresh Fruit</p>	<p>30</p> <p>CHICKEN STRIPS WHEAT ROLL SALAD BAR: Carrots, Red Pepper, Cucumber Fresh Fruit</p>

SMS/Kayhi NOVEMBER 2018(Ketchikan Gateway Borough School District is an Equal Opportunity Provider)
Menu is subject to change 1% -or- NONFAT MILK IS SERVED WITH EVERY MEAL

Monday	Tuesday	Wednesday	Thursday	Friday
			1 BBQ PORK SANDWICH SALAD BAR: Carrots Celery & Broccoli Fresh Fruit	2 CHICKEN NUGGETS WHEAT ROLL SALAD BAR: Carrots, Baby Corn & Green Beans Fresh Fruit
5 BEAN & CHEESE BURRITO SALAD BAR: Carrots, Cucumber, & Red Pepper Fresh Fruit	6 SPAGHETTI FRENCH BREAD SALAD BAR: Celery, Broccoli, Carrots & Kidney Beans Fresh Fruit	7 PIZZA BUFFALO CHICKEN PEPPERONI OR CHEESE PIZZA SALAD BAR & FRUIT	8 SLOPPY JOE SALAD BAR: Carrots, Celery & Peas Fresh Fruit	9 HAWAIIAN CHICKEN WRAP SALAD BAR: Baby Corn, Cauliflower & Celery Fresh Fruit
12 NO SCHOOL	13 CHICKEN ENCHILADA'S SALAD BAR: Carrots, Cauliflower & Celery Fresh Fruit	14 TACOBURGER SALAD BAR: Zucchini, Grape Tomato & Carrots Fresh Fruit	15 MARINARA MEATBALL SUB SALAD BAR: Peas, Celery & Carrots Fresh Fruit	16 CHICKEN STRIPS WHEAT ROLL SALAD BAR: Carrots, Baby Corn & Broccoli Fresh Fruit
19 MARINARA MEATBALL SUB SALAD BAR: Celery, Carrots & Cucumber Fresh Fruit	20 POPCORN CHICKEN WHEAT ROLL SALAD BAR: Carrots, Red Pepper & Broccoli Fresh Fruit	21 HAWAIIAN CHICKEN WRAP SALAD BAR: Cucumber, Carrots , Celery & Black Beans Fresh Fruit		23 NO SCHOOL THURSDAY & FRIDAY
26 CHICKENWICH SALAD BAR: Radish. Broccoli & Carrot Fresh Fruit	27 PIZZA BUFFALO CHICKEN PEPPERONI OR CHEESE PIZZA SALAD BAR & FRUIT	28 CHEESE QUESADILLA SALAD BAR: Celery, Snap Peas & Carrots Fresh Fruit	29 TACOBURGER SALAD BAR: Carrots, Zucchini & Celery Fresh Fruit	30 CHICKEN STRIPS WHEAT ROLL SALAD BAR: Carrots, Red Pepper & Cucumber Fresh Fruit