

Lock or Sleep your Screen on the Mac for Security

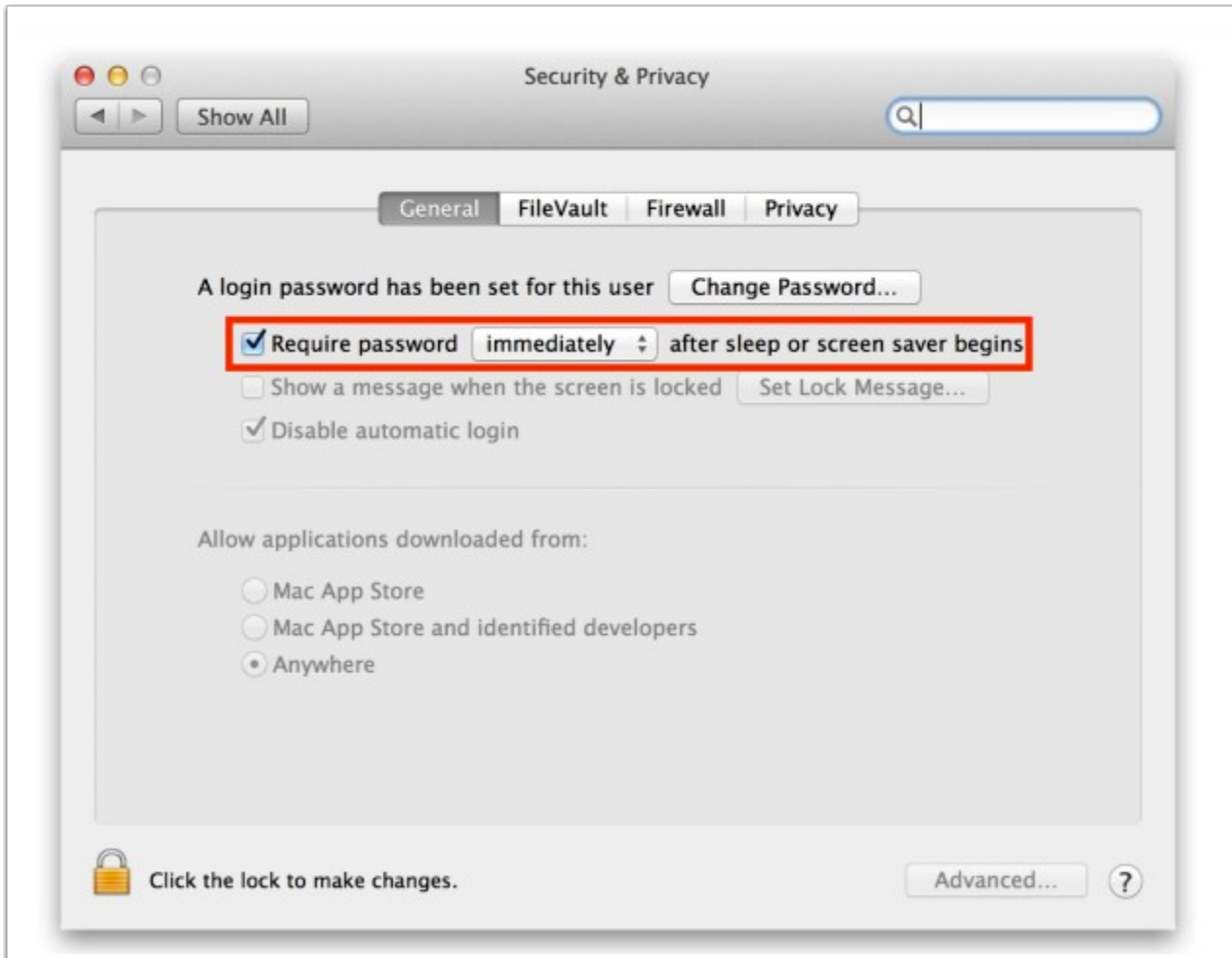
Be Safe Lock Your Mac

When you need to leave your computer, we strongly urge you to lock your workstation. Locking your Mac's display (or "sleeping" the display) can be a great security measure. This can prevent students from accessing your data, files, and grades.



To set up a "Lock" settings need to be configured. System Preferences > Security & Privacy > General

Check the box next to "Require Password". The highest level of security is "immediately." However, personally I have mine set to 5 seconds, to give me enough time to quickly unlock my display without having to enter a password.



To lock your screen (without waiting for it to go to sleep) Command + Option + Eject

Your Mac will immediately go to sleep, shutting down all functions and requiring a password to resume.

