



## Your BridgeHealth Surgery Benefit™

### Your plan includes the BridgeHealth Surgery Benefit

The BridgeHealth Surgery Benefit, gives you access to:

- Centers of Excellence for major planned surgeries and procedures.
- Coverage for travel costs for you and a companion.
- Provisions to eliminate your out-of-pocket costs.
- A dedicated Care Coordinator who provides service and support.

The program includes coverage for:

- General surgery, such as hysterectomies, hernia repair and thyroidectomies
- Cardiac procedures
- Spine surgeries
- Vascular surgeries
- Specific cancer treatments (only surgical tumor removal)
- Orthopedic surgeries
- Other planned surgeries

### Dedicated Care Coordination

Your BridgeHealth Care Coordinator will work with you to:

- Review all options available under the BridgeHealth Surgery Benefit.
- Transfer your medical records to a BridgeHealth provider for initial review.
- Provide detailed information about BridgeHealth providers, including education and experience.
- Satisfy all health plan requirements regarding medical necessity review and precertification.
- Schedule travel and lodging for you and a companion, including meal and incidental allowances.

[www.meritain.com](http://www.meritain.com)

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### Customer testimonials

Carole, Fairbanks resident

*"Traveling 'outside' for medical care in an unfamiliar city, with an unknown doctor, and no family or friends close by can be a very scary situation. BridgeHealth makes it easy and expertly calms your fears...You don't have to think of anything. BridgeHealth does it all for you. They are wonderful to work with! I could not have asked for anything better. There were no problems (none!) from start to finish."*

Sindy, Fairbanks resident

*"I needed to have my lower back fused. My health coordinator did her research and sent me information on three facilities and the surgeons at each one. I was able to study each surgeon, their schooling, background, experience, along with the national ratings on each hospital. I was able to choose the facility with the surgeon I felt would be the best for me. I never once had to pick up the phone and plan or book anything. It's been almost one year since the surgery and I must say I'm doing great, and what's even better, I don't have one medical bill from the surgery."*

### How can I take advantage of the BridgeHealth Surgery Benefit?

Simply call BridgeHealth at **1.800.680.1366** to speak with a Care Coordinator and explore what the BridgeHealth Surgery Benefit can do for you. You'll need to provide your member ID (which can be found on your member ID Card), your date of birth, and any information you've received related to your procedure—including any relevant medical records, such as reports and x-rays.

You can also visit BridgeHealth online at [www.BridgeHealthMedical.com](http://www.BridgeHealthMedical.com).